



# 2021 USAG Men's Region 1 Virtual Championships

Hosted by Region 1 Board

Region 1 coaches and athletes,

Due to the difficulties caused by COVID restrictions, the Region 1 Board will be hosting a virtual option for the 2021 USAG Men's Region 1 Championships.

All Region 1 Championships eligible gymnasts (Level 5D1, 6D1, 7D1, JD1, 8, 9, 10) that cannot travel or are uncomfortable travelling due to their state or counties COVID mandates will be able to register for the 2021 USAG Men's Region 1 Virtual Championships. Athletes (Level 8 (11-12), Level 9 (13-14) and all Level 10's) wishing to qualify to 2021 Development National Championships must compete at the in-person Region 1 Championships in Las Vegas, NV.

Registration will be through the USAG Meet Reservation System for both in-person and virtual options. Registration will be open for both competitions between March 15<sup>th</sup> and March 28<sup>th</sup>. The registration fee for Region 1 Men's Virtual Championships is \$100 for gymnasts. Registration checks will be made out to USAG-Region 1 and sent to:

Anton Brady  
11260 Donner Pass Rd.  
Suite C1, PMB 157  
Truckee, CA 96161

If you are unsure which sanction you are signing up for, please reach out to your state chairman or Clay Baimbridge ([blueclaydo@gmail.com](mailto:blueclaydo@gmail.com)). All Level 5D1's should be registered in the virtual sanction.

Dates: April 8<sup>th</sup> – April 15<sup>th</sup>

- Submission Window
  - o April 8<sup>th</sup> - April 13<sup>th</sup>

## I. Submission of Videos

- a. Clay will share the competing gyms folder within the Google Drive "2021 Region 1 Championships" folder with the head coach of the team.
  1. Possible that email could end up in a junk or spam folder. Email will be sent by [azboygymnastics1@gmail.com](mailto:azboygymnastics1@gmail.com).
- b. Further sharing of links will not be allowed to anybody.
- c. Once the coach has access to the folder, they will have 6 days to record all levels and events and upload routines to the appropriate event and level folder within their gyms folder.

## II. Video routines

- a. Once the submission window is closed, any missing routines will be considered a scratched routine for the gymnast. No late submissions will be accepted.
- b. All gyms will receive a file with athlete competition numbers.



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- c. Numbers and names must be printed onto cards that can be easily seen at the beginning of routine.
  - d. All athletes must be in proper competition attire.
  - e. Gymnasts will show their card for 2-3sec and then salute the video camera.
  - f. Once the video has begun recording, it must remain recording, no pausing of the video will be allowed. If the athlete falls, the athlete must stay in view during that time.
  - g. Angle of the camera should be from an area that would be a normal viewing angle of a live judge. The video should be a wide enough view that the athlete's entire body is visible for the duration of the routine.
  - h. Minimal obstructions of the event.
  - i. Matting should be as close to regulation as possible.
  - j. Spotting requirements are the same for virtual events. A coach is required to be in position to spot under Rings and High Bar and next to Vault.
  - k. Coaches attire is also required (collared shirts, no jeans, no backpacks)
  - l. Video Quality is required to be 1080p maximum.
- III. Judging of Routines
- a. At the end of the Submission period access to folders will be restricted from Head Coach.
    - i. Coaches will have access to the Score Inquiry folder.
      - 1. Score Inquiry Folder will have a Google Sheets Score Inquiry form for the Coach to fill out.
  - b. Routines will be judged on April 15<sup>th</sup>.
    - i. Routines will be judged by the same 12 judge panel as the in-person option.
    - ii. At the end of the submission window, the judges will be given access to the appropriate folders and judge the routines.
    - iii. ProScore scoreboard will be live streamed on Region 1 YouTube page
    - iv. A Google Sheets Scoreboard will be shared with coaches for score inquiry purposes only.
      - 1. Coach will be able to type in a SI (Score Inquiry) into the box next to the athlete's name.
      - 2. Any start value inquiry will need to use the template that is in the folder labeled "Start Value Inquiry."
    - v. Scores will be entered into the official Region 1 Championships ProScore file, live during the virtual session that is being judged.
  - c. Conclusion of all sessions
    - i. Once all routines have been judged and all score inquiries have been completed, we will broadcast an award ceremony.
      - 1. All levels will be announced.
        - a. Awards will be mailed to the gym for distribution.
        - b. Gymnasts will also receive a Region 1 Championships T-shirt.



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- c. Any optional gymnasts (Level 8 (11-12), Level 9 (13-14) and all Level 10's) will be able to use the recorded routines and scores to enter the petition process for the 2021 Junior National Championships.

Financials for the 2021 USAG Men's Region 1 Championships will be shared with all States Associations and made available to all coaches.

Thank you,

Region 1 Board

Adam Lomax –	Region 1 Chairman	usagregion1@gmail.com
Tim Klempenauer –	Nevada State Chairman	tklemp@netzero.net
Lori Yee –	Hawaii State Chairman	yeel1@aol.com
John Lucas –	NorCal State Chairman	flipenforchrist@yahoo.com
Matthew Lowry –	SoCal State Chairman	scmgadirector@gmail.com
Clay Baimbridge –	Arizona State Chairman	blueclaydo@gmail.com